# JULY 2019 NEWSLETTER

## **KLJ FOOD DRIVE**

KLJ chose to support United Way's in each community they work in. Minot's location did a PB&J food drive for Backpack Buddies. Please help us thank them for their support!

### SUMMER TIPS

- 1. Stay hydrated.
- 2. Eat fresh! Summer means fresh produce.
- 3. Transform activities into exercise.
- 4. Disconnect!
- 5. Stay shady!





#### FARSTAD CHARITY

Farstad has been hosting a customer appreciation golf tournament since 1987 and 2019 marked the second year that this event has been transformed into a charity golf tournament! News coming soon on if they met their goal for Backpack Buddies!

#### UPCOMING EVENTS \$250,000 Hole In One contest